

# Clean Body: The Humble Art Of Zen-Cleansing Yourself By Michael DeJong

By Michael DeJong

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Eco-activist Michael DeJong, author of Clean Body: To make skin softener recipe: sunburn and many others in his book Clean Body: The Humble Art of Zen

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Author, designer, and artist Michael DeJong did his Clean investigations while cleaning apartments to supplement his income when he first moved to New York. He has

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Michael DeJong and I founded the of Zen-Cleansing", Clean Body: The Humble Art of Zen-Cleansing Yourself and Clean Cures: The Humble Art of Zen-Curing

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Michael DeJong is a clean freak and so is my mother. Clean: The Humble Art of Zen-Cleansing, The Humble Art of Zen-Cleansing Yourself proves that simple,

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