

# The 21-Day Sugar Detox Cookbook: Over 100 Recipes For Any Program Level [Kindle Edition] By Diane Sanfilippo

By Diane Sanfilippo

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I ve been thinking about trying out the 21 day sugar detox. Although I feel like I ve got a pretty good handle on my sugar cravings, the past few days I ve

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(an excerpt from the introduction of Diane Sanfilippo s 21-Day Sugar Detox  
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The 21-Day Sugar Detox Cookbook: Over 100 Recipes For Any Program Level is  
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program

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The 21-Day Sugar Detox book and Cookbook are each 240 pages and provide you with At the end of the detox, my sugar regularly reads under 100 and I feel so

<http://21daysugardetox.com/>

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<http://21daysugardetox.com/>

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